



Pelaw Main Public School NEWSLETTER

www.pelawmain-p.school.nsw.edu.au

Ph: 49371314
Fax: 49361204
Postal Address
P.O. Box 87
Kurri Kurri 2327

13 JUNE 2014

TERM 2 WEEK 7

DATES FOR THE DIARY

17 June

PSSA Netball Cup

18 June

Year 6 Transition Visit

20 June

Partners in Print 2C
Assembly 2.30pm in
the Hall

27 June

Last Day of Term 2

14 July

Term 3 Staff Return

15 July

Students Return

22 July

P&C Meeting
6pm in the Hall

Playgroup Dates Term 3

August 12th, 14th,
19th, 21st, 26th, 28th
September 2nd, 4th,
9th, 11th.

Term 4

October 21st, 23rd,
28th, 30th.

November 4th, 6th,
11th, 13th, 18th, 20th.
10am-11.30am
In the Hall.

CANTEEN ROSTER

Mon 16 June

Sarah Blackmore
Tracey Osland
Jessica Phillips

Wed 18 June

Judy Mayer
Sarah Blackmore
Sheryle Farley

Fri 20 June

Judy Mayer
Kelly James
Melissa Robertson

Principal's Report

I must apologise for the delay in announcing our Athletics Carnival winners, as we have been making sure all of our paperwork was in order to be able to determine our senior and junior boy and girl champions and indeed, the house winner of the carnival, which ended up being Hebburn, as announced in the newsletter two weeks ago. We will be presenting the champions at our next school assembly on Friday, 20th June. Students who will be participating in the Zone Carnival will be notified as soon as the school receives confirmation of the carnival's date and other details. Thank you for your patience.

Congratulations Emily

I would like to congratulate Emily Gordon on making her way in to the Hunter Region Girls' Softball team that will be participating in the State Championships early next term. Emily attended the Hunter region trials last Friday, telling me that after she hit a home run, she came around to home with a big belly slide, picking up a mouthful of mud on the way, spectacular! This is Emily's third year in a row making this team. Can she take it one step further this year? Well done, Emily.

Goodbye and Goodluck

We are saying goodbye to a very well respected staff member next Friday, 20th June. Judy Claridge, our fabulous cleaner, will be leaving us for the greener pastures of the Mid North Coast. I would like to personally thank Judy for her outstanding commitment to this school community, her hard work would often go unnoticed to many people, but it is the sort of commitment and energy that Judy showed that makes this school look so fabulous every day. Thank you, Judy, we will miss you.

Attendance

Ribbit has been hosted by K/1P for the past 4 weeks and is probably getting a little bit stir crazy, even though the K/1 students are being very kind to him. It would be great to see Ribbit in another classroom in the coming weeks. Several of our classes' attendance rates have been very close to winning. 3W, 3/4K and 4L all came close to winning last week. Please keep your child coming to school as often as possible.





Camp Quality Puppet Show

Our students enjoyed a free puppet show by Camp Quality on Wednesday. After the show the presenters talked about the signs of cancer, the effects of cancer treatment and ways of supporting and understanding when people look different as a result of treatment.

The information shared increased the students' awareness of the need to care for and support others who are going through difficulties.

The presenters commented that Pelaw Main was one of the best audiences they had performed for.

Teacher-in-Training

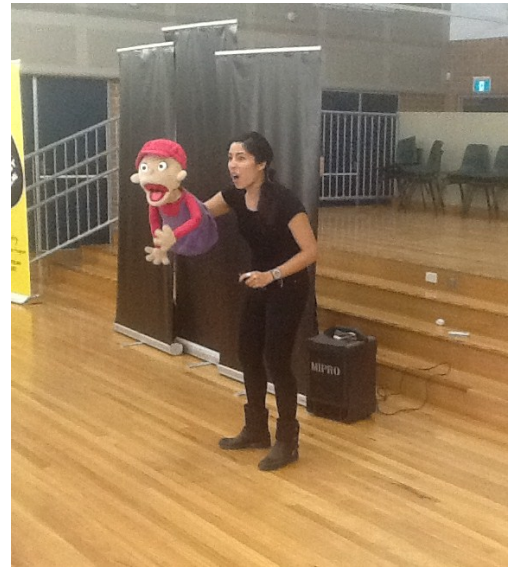
Next Monday, our school will be hosting a University of Newcastle teacher-in-training. Miss Danielle Clasper will be undertaking a practicum in our Kindergarten class with Mr Harris, for the last two weeks of this term and the first two weeks of next term. We wish Miss Clasper all the best in her training.

Staff Movement

I will be out of the school all day on Tuesday, 17th June to attend a financial literacy course as well as a workshop on teacher accreditation. Mrs Burton will be relieving in my absence.

PSSA Netball Cup

Our Girls' Netball team will be travelling with Mrs Knight to Charlestown on Tuesday to participate in a PSSA Netball Cup. The girls will be participating in a series of fun round robin games throughout the day. Permission notes will be sent home today. All the best for some success, girls.



Girls Drumbeat

Our Girls' Drumbeat group will be visiting the Kurri Kurri Early Childhood Centre on Thursday, 19th June, in the afternoon, to perform to the pre-schoolers at the centre. A very exciting opportunity for all involved.

PSSA Soccer

Our boys' and girls' PSSA soccer teams played Kurri Kurri Public School yesterday at Birrale Park. Both teams were defeated but played well and were great representatives for our school. Well done!

PSSA Netball

Our girls' PSSA Netball team travelled to Mulbring for a very enjoyable game of Netball. The girls were defeated but had a lot of fun playing.

Kurri Kurri High School Orientation

Year 6 Kurri Kurri High School Orientation will be held on Wednesday, 18th June from 12pm. We will be leaving Pelaw Main Public School at 11.30am by bus and will return by 3.15pm. Students are to wear full school uniform, including their tri colour polo shirt, grey shorts or navy track pants.

A range of activities have been planned for the visit, including lessons in music, CAPA, PDHPE, science, maths, english and technology.

This will familiarise students with the layout of the school and help them to get to know the staff, as well as give students a taste of high school routines in preparation for Year 7.

Please return the permission note as soon as possible.

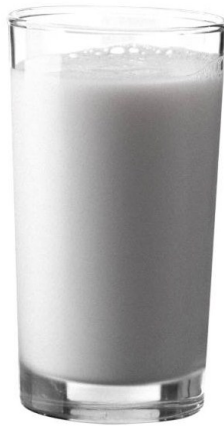
Live Life Well at School

Milk is a good source of calcium, which gives children healthy bones and teeth. It is recommended that children have three serves of calcium rich foods a day.

A glass of milk, a slice of cheese or a small tub of yoghurt, are each considered one serve.

Due to the high energy needs of babies and toddlers, reduced-fat milk is not suitable for children aged less than two years. However, from the age of two years, drinking too much milk can reduce a child's appetite and contribute to excess energy consumption.

Therefore reduced-fat milk is recommended for children two years and over.



0 - 12 months	Cow's milk is not suitable. Breastmilk is best.
12 months to 2 years	Skim milk and reduced-fat milks are not recommended.
2 years and older	Reduced-fat milk can be used.

Semester One Reports

Just a reminder that student Semester One Reports will be handed out on Wednesday, 25th June. If you have any questions in relation to your child's report, once they are distributed, please make an appointment with your child's classroom teacher.

Canteen News

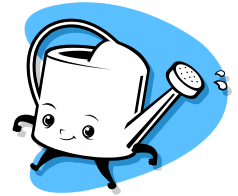
Thursday 19th June the Canteen will be open at RECESS ONLY for RED DAY.

A price list with all the different goodies is available from the office or Canteen if you have not received one. Prices start at just 5c to \$1.00.

All proceeds go toward the P&C raising funds for an upgraded PA System in the Hall.

Eco Explorers Week 8

Amy B 3/4, Imogen 3/4, Kayla M K/1 & Taize K/1.



3/4K Assembly

3/4K will be hosting the School Assembly on Friday, 20th June. After watching 5/6G's performance last week, I am also excited to see what 3/4K have up their sleeve.

Partners in Print

Partners in Print will be conducted in 2C on Friday, 20th June from 9:30am.



P&C News

A very productive P&C Meeting was held on Tuesday, 10th June. The P&C will be funding the construction of a synthetic turf area in the playground behind the canteen building within the next three months. The next Meeting will be held at **6pm** on Tuesday, 22nd July in the school staffroom. Please note this change of time, as well.

Don't forget the P&C Fundraising Golf Day to be held on Sunday, 10th August at Kurri Kurri Golf Club. Flyers have been sent home and are around the school for further information.



PARENTS, GRANDPARENTS, CARERS

Come along to a free **EAT MOVE LIVE** Parent workshop

BRING A FRIEND ☺

Fast
Food
@
Home

Your
child's
BMI?

Kids serving sizes

Diet, Concentration
& Behaviour

Easy
family
activity

Your
questions
answered

Koe-Nara Schools as Communities Centre

Cessnock Public School

27th June 9.45am

Phone: 49909354

FREE Child Care will be available but bookings are essential

Speaker: Val Watson - Nutritionist
over 25 years experience in preventative health and nutrition

Simple, healthy, cheap ideas for kid's and family meals and snacks plus easy, fun ways for kids and parents to be active

Free Fun Nutrition Placemats for every family
Free Family bags packed with goodies
to help your family EAT MOVE and LIVE healthier ☺

www.eatmovelive.com.au
www.facebook.com/eatmoveliveaustralia

Brought to you by
e-Start National Inc.



Proudly supported by
Cessnock Leagues Club
& ClubGRANTS

