



Pelaw Main Public School NEWSLETTER

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7 MAR 2014

TERM 1 WEEK 6

DATES FOR THE DIARY

10 March

Canberra & Year 6
Fundraising Meeting
3.30pm in the Library

11 March

P&C AGM and
Monthly Meeting
1.40pm in the Hall

14 March

School Photos

7 May

NRMA Science &
Road Safety Day

Playgroup Dates Term 2

Tuesdays

6, 13, 20 and 27 May
3 June

Thursdays

8, 15, 22 and 29 May
5 June
10am-11.30am
In the Hall.

CANTEEN ROSTER

Mon 10 March

Judy Mayer
Kelly James
Rowena Boughton

Wed 12 March

Judy Mayer
Sheryle Farley
Pam Webb

Fri 14 March

Judy Mayer
Donna Dryden
Sarah Blackmore

Principal's Report

I would like to congratulate Makayla Patterson on her achievements at the Regional Swimming Carnival held on Thursday. Makayla participated in the 10 years 50 metre breaststroke event at the regional carnival, after coming first in the zone final. Makayla won her heat at the regional carnival and then came second in the final to make her way into the Hunter Regional Swimming team. She will be swimming at the Sydney Olympic Aquatic Centre on Wednesday, April 9th. What a marvellous achievement for Makayla, congratulations!



Congratulations to our Zone swimmers, who participated in the Zone Swimming Carnival, in trying conditions, last Friday at Cessnock Swimming Pool. The following students participated with great enthusiasm and represented our school proudly: Brock Allaway, Mia Brady, Mitchell Patterson, Halle Saunders, Reagan Summerville, Zac Brown, Ky Haggarty, Tyler Hartley, Chloe Ruthenberg, Halle Wilkin, Jemma Black, Tiah Cornell-Taggart, Samantha Falko, Brandon Fallon, Makayla Patterson, Marty Williams, Damon Allaway, Skyla Beeston, Daniel Callaghan, Emily Gordon, Lilly O'Brien, Jack Osland, Ebony Robertson, Amy Stackman and Lachlan Todhunter.

I would like to also congratulate our Girl School Captain, Ebony Robertson on achieving her Certificate of Excellence at our school assembly on Friday. This Certificate of Excellence is awarded for receiving ten Certificates of Merit. That means Ebony has collected over 100 merit cards in her time at Pelaw Main Public School. What a great achievement. Only two other children have received this award in my time at this school.

School Photos

School Photos on Friday. Don't forget to book that haircut in! Please ensure envelopes are returned to school **BEFORE** Friday. If they are brought in on Friday they need to be kept with the student. We hope it is a good day.

Staff Movement

Mr Burley will be attending a Rugby League Coaching Course on Tuesday, 11th March.

There will be a 7-a-side competition coming up in April, so we will have a qualified coach to support our students. We will also be able to wear our new jerseys (thanks, Mrs Harris!) at this gala day. Look forward to it.

Breakfast Club

Breakfast Club is now up and running again.

Thank you to our hard working volunteers who provide this breakfast on Tuesdays and Thursdays.

Thank you to Mrs Crouch for your excellent organisation around this great service.

P&C Annual General Meeting

I would like to remind you that the P&C Annual General Meeting will be held next Tuesday, 11th March from 1:40pm. Executive members will be elected at this meeting. The regular P&C meeting will follow after the AGM.

Please understand that P&C Association rules state that the payment of a membership fee must be made at the close of one meeting so that the member is eligible to exercise membership rights at the next meeting.

Due to the fact that the membership register is not updated until after each general meeting, new members are not eligible to vote at the meeting in which their membership has been paid. If a new member pays their fee to the treasurer in between meetings, they are still not deemed financial until the close of the next meeting.

Lost Property

We currently have a large amount of items in our lost property box. Just a reminder to label lunch boxes, drink bottles and other items that are sent to school with your child's name.

Canberra & Year 6 Fundraising

There will be a Stage 3 Parent Meeting on Monday 10th March at 3.30 pm in the Library, for families interested in sending their child on our Canberra Excursion in Term 3. This will be to discuss cost, agenda, dates etc. Following this meeting, there will be a meeting for Year 6 parents to discuss fundraising ideas to raise money for the Year 6 gift to the school and farewell activities. This initiative raised a lot of money last year and all Year 6 students were able to go to the farewell outing at no cost, due to some excellent fundraising.

Are You Aware?

The Child Dental Benefits Schedule (CDBS) commenced on 1 January 2014 and will provide access to benefits for basic dental services to children aged 2-17 years.

It will replace the existing Medicare Teen Dental Plan (MTDP) which was a prevention only scheme. The total benefit entitlement will be capped at \$1,000 per child over a two calendar year period. A Childs eligibility for the Child Dental Benefits Schedule is assessed at the beginning of each year and requires receipt of Family Tax Benefit Part A (FTB-A) or a relevant Australian Government payment.

The CDBS will provide individual benefits for a range of services including examinations, x-rays, cleaning, fissure sealing, fillings, root canals and extractions. Benefits will not be available for orthodontic or cosmetic dental work and will not be paid for any services provided in a hospital.

Please see the information sheet attached.

School Fees

Voluntary School Contribution fees have been set at \$45 per family for 2014. These fees enable us to supply students with classroom resources, such as maths equipment, technology support and stationery. If you are able to make this payment, please do so at the school office. Thank you.

Partners in Print

Our next Partners in Print program will be on Friday, 14th March from 9:30am in 4L. Information and an expression of interest will be sent home this week with students in 4L. We hope you are able to attend.

Partners in Print – 9.30am to 10.30am Fridays.

Week 7 – 14th March 4L

Week 8 – 21st March 5/6B

Week 9 – 28th March Year 5/6G



Assembly Awards

Congratulations to the following students who received an award at this weeks assembly.

Principal's Awards: Kiarni and Olivia T.

Citizenship Awards: Halle S and Jarod.

Certificate of Excellence: Ebony.

Class Achievement Awards: Hayley, Georgia M, Charlotte, John, Lara H, Jamie, Shawn, Taya B, Cade, Isabel, Hunter, Isaac B, Morrissey, Imogen, Shilah, Riley H, Tom, Gemma W, Isaac T & Makira.

Certificate of Merit: Ebony, Alex D, Jake, Zac, Lilly R and Kiarni.

Live Life Well at School

Did you know...?

8 to 12 hot chips (100 g) have around 3 teaspoons of fat and 1000 kJ. Compare this to a small baked potato (100 g) with a light spray of oil that has less than ¼ teaspoon of fat and 400 kJ. The main difference is added fat, hence the added energy or kilojoules. Here is a quick, easy and delicious way to make healthy, hot chips:

Ingredients

2 large potatoes cut into chips or wedges

1 teaspoons canola oil

1 teaspoon soy sauce

Method

Place a large tray or baking dish into the oven and preheat oven to 200°C.

Place all ingredients into a small plastic bag & shake.

Take hot tray or baking dish from oven using an oven mitt, and empty bag of potato lightly coated with oil and soy sauce onto the hot tray.

Discard the plastic bag. You can cover the tray with a piece of oven paper (optional). Return to the oven to cook for about 12 minutes or until the potato is golden brown and cooked, then serve.



Snake Tails



Perform-Ability is a dance, singing & drama program designed for people of all ages with special needs and disabilities.

Programs can come to you, or you can attend one of our classes!

Many programs for all special needs:

- ♥ Dance
- ♥ Movement and Drama
- ♥ Wheelchair Dance and Music
- ♥ Music Appreciation and Movement and much more!!!

Programs run throughout Newcastle, Upper Hunter & Central Coast



Contact: Miss Hannah 0413 354 533

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www.facebook.com/perform-ability